

'As long as Thou art with me, O my God,
[I shall not be alone;
but if Thou leave me, woe to him that is alone;²¹
for if I fall asleep there will be none to keep me warm;
if I fall down, there will be none to raise me up.'

NOTE: ²¹ Ecclesiastes 4:10.

—William of Saint-Thierry (between 1070 and 85–1148), Cluniac Abbot of Saint-Thierry or Theoderic, later (from 1135), Cistercian monk at Signy, in meditation 4 of his *Meditations* (*Meditativae orationes*, written between 1128 and 35, meditation 13 (known as 'Meditatio') towards 1145), translated from the Latin by a Religious of CSMV, i.e., Ruth Penelope Lawson (1890–1977), and published by A. R. Mowbray & Co., London, in 1954, page 35.

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